

Theoretical and practical course plan form - Ilam University of Medical Sciences

Introducing community-based health promotion lessons

Second semester of the academic year 2020-2021

School: Health Department: Public Health

* Course name and number: Community-based health promotion

* Field and degree: Master of Health Education

* Day and time of the event:

* Venue: Public health group class

* Name of the person in charge of the course (course instructor): Dr. Mohsen Jalilian

Prerequisite courses: No

* Office Address: School of Health, Department of Public Health

* Email Address: jalilian91@yahoo.com

General purpose of the lesson:

Students with a systemic approach to society, principles and foundations of empowerment, participation and community-based social action in

Get acquainted with health education and health promotion

Behavioral goals (behavioral goal has an audience, behavioral verb, degree and criteria and conditions of performance)

Educational Objectives: After completing the course, students will be able to:

1. Explain the concept of society and systemic attitude towards society and community-based.
2. Analyze the systemic approach in health education and health promotion in the form of a practical example.
3. Explain the basics of the social system (ecological approach).
4. Explain the concept and approaches of community-based evaluation correctly.
5. Explain community-based evaluation methods in the form of a relevant and practical example.
6. Analyze the concept and foundations of social empowerment in the form of a practical example.
7. Describe the levels, domains and goals in different areas of social empowerment separately.
8. Analyze the patterns and methods of community-based empowerment in the form of a practical example.
9. Analyze the concept and principles of community participation in the form of a practical example.

10. Express the levels of community participation correctly.
11. Analyze the methods of involving the community in the form of a practical example.
12. Analyze the concept of social organization in the form of a practical example.
13. Describe the stages and methods of social organization.

• **Student duties** (student homework during the semester):

-Actively participate in classroom meetings

-Participate in presenting concepts and lessons based on lesson plan, brainstorming and participate in class discussions in the form of questions and answers

• **Main sources** (observing the principles of source writing and giving an address for their preparation, including library, bookstore, internet ...)

1. Guttmacher, S. ets. Community based health intervention. Part One. WILEY. Last edition
2. Glenn Laverack. Health Promotion Practice, building Empowered communities, Open University press. Last edition
3. Hindsworth MF, Lang TB. Community Participation and Empowerment. Nova Science Publishers, Last edition
- 4- Taylor K., Wilkie M., Baser C., Field Research Method: A Practical Guide to Research in Education and Social Sciences, Mohsen Niazi and Abbas Zarei) Translator (Tehran: Speakers, Last Edition
- 5- Saifullahi Teaching a complete course of action research method with examples and examples of "on-the-job research" and. Real Action Studies, Tehran: Abed, last edition

• **Teaching method and teaching aids used:** Teaching method in this course in the form of lectures, questions and answers, discussion and participation of students and lectures by them using PowerPoint software and the use of other educational media will be as needed.

• **Methods and time of assessment and evaluation of the student and the bar related to each evaluation:**

Method	Score	Date	Time
Class activity and attendance	1	During semester	
Practical work in the form of assessing the health needs of a community in the form of a participatory model	8	During semester	
Participate in the final exam	11	End semester	

Lesson rules and expectations from students

1- Attending the class on time and based on the set time

2- Observance of training and disciplinary regulations

3- Studying the contents of the previous session and preparing to attend the class

4- Participating in presenting concepts and lessons based on lesson plans, brainstorming and participating in class discussions in the form of questions and answers

5- According to the educational regulations, unjustified absence in the final exam of the semester as a score of zero and justified absence will cause the removal of that course.

Session	Time	Topic	Lecturer	Necessary preparation of students before the start of the class
1	10.30-12.30	Introduction of the course, expected objectives of the course, presentation of lesson plans and outlines	Dr. Jalilian	
2		Describe the concept of society and the systemic approach to society and community-based.		Knowing the contents of the previous session
3		Describe the concept of society and the systemic approach to society and community-based.		
4		Analyze the systemic approach in health education and health promotion in the form of a practical example.		
5		Explain the basics of the social system (ecological approach).		
6		Properly describe the concept and approaches of community-based evaluation.		
7		. Describe community-based evaluation methods in the form of a relevant and practical example		
8		Analyze the concept and foundations of social empowerment in the form of a practical example		
9		Describe the levels, domains and goals in different areas of social empowerment separately.		
10		Analyze patterns and methods of community-based empowerment in		

		the form of a practical example		
11		Describe the levels, domains and goals in different areas of social empowerment separately.		
12		Analyze the concept and principles of community participation in the form of a practical example.		
13		. Correctly state the levels of community participation.		
14		Analyze methods of community participation in the form of a practical example.		
15		Analyze the concept of social organization in the form of a practical example		
16		Describe the stages and methods of social organization		